



Quaran-TEEN: Youth Mental Health During COVID-19

Members of Sacramento Youth Mental Health share their mental health experiences during COVID-19.

A CONVERSATION WITH |

Sacramento Youth Mental Health (SacYMH)

SacYMH is a youth-led organization with the goals of de-stigmatizing and providing support around the issue of youth mental health in the Sacramento region. Since their initial plans for an in-person event at the Golden One Arena were foiled by COVID-19, they've transitioned to online webinars.

This is an event for youth by youth. Participants will be invited to interact and ask questions.

WHEN |

THURSDAY, November 19, 2020 | 6:00-7:30 p.m. PST

WHERE |

Via Zoom; to register

<https://www.eventbrite.com/e/127904392481>

Admission is free and the public is warmly invited.

For questions, contact **CTSC Community Engagement:**
hs-communityengagement@ucdavis.edu

The CTSC's Community Engagement program builds capacity and infrastructure for clinical and translational research among investigators, patients, health care providers, policymakers, and community-based organizations. To join our listserv visit:

<https://mailchi.mp/ucdavis/ctsc-community-engagement>

November 2020



Sacramento Youth Mental Health



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